## The Hong Kong College of Orthopaedic Surgeons (HKCOS) Selection of Higher Orthopaedic Trainees (HOTs)

HKCOS guideline for Basic Surgical Trainees (BSTs) who intend to apply for HOTs post.

- 1. Be a registered as BST under the Hong Kong Intercollegiate Board of Surgical Colleges (HKICBSC)
- 2. Apply for the Higher Surgical Training post (usually before you attempt the intermediate examination) according to the standard procedures of the HA head office (HAHO)
- 3. At the same time, also apply to the HKCOS for HOT post through the College secretariat
- 4. Admission Criteria and Selection Procedure of HOT

(Abstract from the new Training Guidelines from the HKCOS Version 2024, Section 3.3)

## Section 3.3.1

The following criteria must be met:

- a. A Hong Kong resident who has registered with the Medical Council of Hong Kong and in good standing.
- b. Completion of an accredited Basic Surgical Training programme as described in the "Rules and Regulations for Basic Surgical Trainee", published by the Hong Kong Intercollegiate Board of Surgical Colleges.
- c. Possession of the MHKICBSC qualification.
- d. Satisfactory performance in a selection board accredited by HKCOS.

## Section 3.3.2

The selection procedure consists of a structured interview and requires the following documents from the applicant:

- a. An application form and the prescribed fees.
- b. A structured curriculum vitae using a specific form, including information on basic medical qualification, postgraduate qualification(s), number of attempts of examination, training and research experience.
- c. Documentation of a successful pass in a recognized intermediate examination (MHKICBSC).
- d. 6-monthly Assessment Reports of an accredited BST training programs, including documentation of training points and CME points, unless otherwise exempted by the College.

## Section 3.3.3

Information supplied by the applicant and the interview will be rated. The selection criteria may be changed from time to time. Potential applicants may obtain the most updated information from the College secretariat.

- 5. The result of the HKCOS selection board will be brought to the HAHO selection board (on Higher Surgical Trainees) for consideration. However, the final decision will depend on the group decision after the selection interview as arranged by the HAHO.
- 6. This is a guidance note for the basic surgical trainees to facilitate their application to the post of HOT. Full compliance to the recommendation does not guarantee a post of HOT after the basic surgical training.